Cinnamon Swirl Protein Drink with DotFit Whey Smooth

Ingredients:

- 2 scoops of WheySmooth Vanilla Crème
- 1 tbsp fat-free butter replacement
- ½ tsp cinnamon
- 1 ½ cup of nonfat or 2% milk



Directions:

Place All ingredients in a blender and blend until smooth. Add crushed ice as desired for a rich milkshake effect